



POST 90 GAZETTE

OCTOBER 2019

EDITED BY AMY OSTLER AND HARVEY HEFLEY

UPCOMING EVENTS

**UTAH FALL TRAINING
HYATT HOUSE, SANDY UT**
OCTOBER 12, 2019
10:00 AM TO 4:00 PM

**3RD ANNUAL SALUTE TO
UTAH VETERANS &
ACTIVE DUTY**
FREE LUNCH AT SUVH FOR
THE FIRST 200 MILITARY
AND VETERANS
OCTOBER 19, 2019
10:00 AM TO 2:30 PM

**4TH ANNUAL BBQ
FUNDRAISER FOR
WREATHS ACROSS
AMERICA**
HARLEY-DAVIDSON
OCTOBER 19, 2019

**POST 90 DINNER /
MEETING**
CHILI COOKOFF
OCTOBER 23, 2019 AT 6 PM
AT THE LEGION HALL
A-G VEGETABLES H-M
DESERTS N-S SALADS
T-Z BREAD/BUTTER

HAPPY HALLOWEEN
OCTOBER 31, 2019

“On a bright blue September morning I was sent on a suicide mission...If we’re successful, we won’t be coming back”.

Heather “Lucky Penney

September 11, 2019 - Heather “Lucky” Penney of the 121st Fighter Squadron shared her story of 9/11 to a packed house at the Southern Utah Veterans Home as part of the annual Patriot Day presentation.

“The sky was a spectacular blue” she recalled, wishing she was in the air and not in a meeting when she learned the twin towers had been hit by not one, but two jetliners.

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American Legion Post 90 By-Laws

Members need to review them (*see page 4*) and be ready to vote for their acceptance at the October Dinner Meeting.

The American Legion Preamble

We stand and recite the American Legion preamble at every post meeting/potluck. In this issue, the full preamble follows the Post by-laws. Please take a few minutes to read thru the preamble to understand and embrace the true meaning of the American Legion. (*See page 7*)

I AM THE AMERICAN LEGION



The series “I am the American Legion” are inspiring stories of your fellow Veterans serving in the American Legion and serving their communities. Please take a minute and watch the latest video on Sandra Kee. Daniel S. Wheeler, National Adjutant said “Sandra is a shining example of the caliber of young leadership we are all proud of”.

You can watch Sandra’s video and others at www.legion.org/iamlegion.



Commander's Column

Marti Bigbie

It was so great to see all the newest members that recently join/transferred to Post 90.

On a good note most will be joining the Color Guard/Ritual Team (as soon as we can get them in uniforms). Get out your Chili recipe as that is the theme for the October 23rd meeting/dinner.

A-G Vegetables

H-M Deserts

N-S Salads

T-Z Bread/butter

Keep in mind the Buddy Check when you are checking on your neighbors and fellow Veterans. A personal telephone or stopping by to check how they are doing and see if they need help goes a long way in brightening someone's day.



Be sure to read over the American Legion Lester Keate Post 90's BY-LAWS in this issue and if you see any changes please forward to Marti ASAP at martibigbie@gmail.com.

Tom Lystrup explained the new District 7 project and handed out envelopes that contained citations to be handed out to individuals that are proudly flying our National Flag. If you have any questions please call him at 760-677-1800 as I have asked him to be the point on this program. Again, it's a way to contact with individuals and maybe if a Veteran ask them to join us in the American Legion. One of the oldest service organizations worldwide.

Thank you to Harvey Hefley for the very special letter from Chris Stewart, Member of Congress. Yes you got me. I usually maybe always like to be the one to give out awards and certificates of appreciation and be behind the camera when pictures are taken, so again Harvey a great surprise.

Commander Department of Utah

Marti Bigbie

The American Legion Department of Utah ANNUAL TRAINING CONFERENCE will be held on October 12th 10 am - 4 pm at The Hyatt House, 9685 South Monroe Street, Sandy, Utah. RSVP's are needed for the training and lunch (\$17 build your own Salad Bar Lunch) by October 7th to ensure the number of training packages/handouts are available and the number eating lunch with us.

Topics to be covered are **1) mylegion.org 2) Youth Programs 3) How to Run a Meeting**

Our next membership goal is October 9th which is 55% and we are needing every Post/member's help to make this goal by paying your membership dues for 2020. Thanks in advance for your help.

Heather “Lucky” Penney continued:

Our nation was under attack. Waiting for the authorization to launch was agonizing although when it came, it was a realization that it was a suicide mission. With no live ammunition onboard, Sass looked at Lucky and said he would take out the cockpit and she knew she would take out the tail.

As Lucky and fellow pilot Colonel Marc "Sass" Sasseville blew by the pre-launch protocol to get airborne, the crew chief simply said "God Speed". And away they went.

They combed the Pennsylvania countryside, low and wide looking for the other hijacked commercial airliner thought to be headed for the capital.

They never found their target. Only later would they find out that the passengers of flight 93 had already overtaken the hijackers, took control and brought the plane down in field.

"We were no heroes that day," Penney said. "Sass and I were mission failures. The passengers on Flight 93 are the true heroes."

"When they got up that morning and boarded their flight, they were just going on a business trip. Coming home from vacation. Going to see grandma," she said. "But when the terrorists took charge of the aircraft, they made the deliberate decision to attack the terrorists, fight their way into the cockpit (and) seize the controls to deliberately crash the airliner into the ground in order to protect our nation's capital."

Lucky talked about the every-day heroes like the passengers of Flight 93 and the Firemen who ran into the towers, not out, and the need for every-day heroes – everyday.

After visiting several schools, Lucky also said "When the need comes, we know that next generation, they'll answer the call," she said. As are the generations since the greatest generation during World War II.

It was an honor to be in the same room with Lucky and hear her story first-hand.

Amy Ostler



Lester Keate Post 90 By-Laws

BY-LAWS

Article I

Section 1. The Post existing under these by-laws is to be known as The American Legion, Department of Utah, Lester Keate Post 90.

Section 2. The Post objectives are set forth in the Constitution.

Article II Management

Section 1. The management of the Post shall be entrusted to a committee of ten (10) members and shall be known as the Executive Committee.

Section 2. The Executive Committee shall consist of all the officers of the Post and shall be elected annually in April. The newly elected officers will be sworn into office in May or at the next General Membership meeting.

All elections shall be by secret ballot. The candidate or candidates receiving the highest number of votes shall be elected to the respective office or offices for which they are candidates.

Section 3. All vacancies existing in the Executive Committee, or in any office of the Post for any cause, other than expiration of the term, shall be filled by a person so appointed and shall hold office for the unexpired term of the member of the committee of the office he/she is succeeding.

A vacancy shall exist when an officer is inexcusably absent from the Post for a continuous period of time considered by the Executive Committee to be detrimental to the interest of the Post.

Section 4. Within one hundred twenty (120) days after the installation of the new officers, the Commander shall call a meeting of the Executive Committee to discuss organization and other business as deemed necessary by the Commander. Thereafter, the Executive Committee shall meet every month or as often as the Commander may deem necessary.

Section 5. The Commander shall call a meeting upon joint request of three (3) or more of members of the Executive Committee.

Article III EXECUTIVE COMMITTEE

Section 1. The Executive Committee shall consist of Post Members who desire to serve including the following: (1) Commander, (2) Adjutant, (3) First Vice, (4) Second Vice, (5) Finance Officer, (6) Chaplin, (7) Historian, (8) Sergeant-at-Arms, (9) Service Officer, and (10) Judge Advocate.

There must be at least four (4) members of the Executive Committee present at any meeting to constitute a quorum.

Section 2. The Executive Committee may hire such employees as necessary and shall authorize all expenditures.

All of the expenditures that are \$100.00 or less may be approved by the Commander. Expenditures above \$100.00 must be approved by the Executive Committee.

Section 3. The Executive Committee shall require adequate bonds of from all persons having custody of Post funds.

Section 4. At each Executive Committee meeting, each Committee Chairman shall offer a report of their committee's activities. This report may be given verbally or in writing.

Article IV Reimbursements

Section 1. To receive reimbursement from Post funds, a receipt of the expenses shall be submitted to the Finance Officer. The receipt shall be accompanied by a written report outlining the expenses incurred and the reason for those expenses.

Reimbursement receipts shall be kept on file for at least three (3) years from the date of the receipt.

Section 2. At each Executive Committee meeting, the Finance Officer shall submit a written report to the Commander of all expenses incurred and reimbursed since the previous meeting.

Article V Duties of Officers

Section 1. All duties of the officers of the Post shall follow the direction of the Officer's Guide and Manual of Ceremonies for the current year.

Article VI Delegates

Section 1. Delegates and alternates to the State Convention shall be selected by appointment of the Commander or by volunteering. After the Post Convention delegates are identified, their names shall be sent to the State Convention Committee twenty (20) days prior to Convention.

Article VII Appointments

Section 1. The Commander, after taking office each year, may appoint the following standing committees: Americanism, Ceremonials, Children and Youth, Economic, Foreign Relations, Graves Registration and Memorial, House and Entertainment, Legislative, Membership, Public Relations, Veterans Affairs and Rehabilitation, National Security, and Sons of the American Legion and Visiting or VAVs.

These standing committees shall consist of a Chairman, appointed by the Commander, and members of the Post who desire to serve. The duties of these committees are found in the Officers Guide and Manual of Ceremonies for the existing year.

Article VIII Resolutions

Section 1. All resolutions of State or National scope presented to the Post by a member or committee shall be considered in a General Membership meeting of the Post. Resolutions submitted shall be merely the opinion of the Post on the subject and a copy of the same shall be forwarded to the Department Headquarters for its approval before any publicity is given or any action is taken by the Post.

Article IX Membership

Section 1. Applicants to the American Legion that have served federal active duty in the United States Armed Forces since December 7, 1941, and have been honorably discharged or are still serving are eligible for membership in The American Legion.

Section 2. Applications for membership will be presented to the Adjutant or other member of the Executive Committee.

Section 3. Dues are set at \$40 per year and may be adjusted by a majority vote of the Executive Committee.

Section 4. A member can choose to resign by several means including verbal, email or written communication with any of the Post Officers. Members provide personal information such as phone numbers, email addresses and physical addresses to be used for contacting members if necessary. This information is required to be kept current and confidential. If a member asks to be removed from Post membership, their personal information is deleted from the membership list.

Article X Meetings

Section 1. The Executive Committee shall meet each month or as often as the Commander may deem necessary.

The General Membership meeting and potluck dinner will be held on the 4th Wednesday of each month at 6:00 PM. This meeting will not be held in the months of June, July and August.

The November meeting will be held on Veteran's Day. The December meeting will be held on a day to be determined by the Executive Committee.

Article XI Notices

Section 1. Every member of the Post shall furnish the Adjutant with his/her mailing address.

Section 2. The Adjutant shall give notice of the annual election at least two (2) weeks prior thereto.

Article XII Rules of Order

Section 1. All proceedings of the Post shall be conducted under and pursuant to Roberts Rules of Order.

Article XIII Limits and Liabilities

Section 1. No liability or obligation shall be incurred by the Post, which shall subject to liability any other Post, subdivision, members of The American Legion, or other individuals, Corporations or organizations.

Article XIV Amendments

Section 1. These bylaws shall be reviewed each year and amended through the following procedures:

- 1.1 The proposed amendment shall be submitted in writing and read at the next meeting of the Executive Committee for consideration.
- 1.2 If approved by the Executive Committee, written notification will be given to the General Membership through the monthly newsletter that an amendment has been approved and will be voted upon at the next General Membership meeting.

- 1.3 The proposed amendment shall be read at the General Membership meeting of the Post following publication of the newsletter, then open for discussion. After discussions are closed and the bylaws updated if necessary, the proposed amendment shall be put to a vote by the membership.
- 1.4 The amendment shall be considered accepted and will amend the bylaws if the majority of the members attending the meeting vote for its acceptance.

These are the accepted bylaws of The American Legion, Department of Utah, Lester Keate Post 90 as of September 11, 2109.

Commander:

Adjutant:

American Legion Preamble

"For God and Country, we associate ourselves together for the following purposes:

To uphold and defend the Constitution of the United States of America; to maintain law and order; to foster and perpetuate a 100-percent Americanism; to preserve the memories and incidents of our associations in the great wars; to inculcate a sense of individual obligation to the community, state and nation; to combat the autocracy of both the classes and the masses; to make right the master of might; to promote peace and good will on earth; to safeguard and transmit to posterity the principles of justice, freedom and democracy; to consecrate and sanctify our comradeship by our devotion to mutual helpfulness." Each of the 10 clauses of the Preamble, though brief, has a world of meaning.

FOR GOD AND COUNTRY, WE ASSOCIATE OURSELVES TOGETHER...This is the introduction. It declares that The American Legion recognizes the influence of Almighty God in all worthwhile endeavors-and declares the allegiance of Legionnaires to both God and Nation. First things have been put first. All that follows is in conformity.

TO UPHOLD AND DEFEND THE CONSTITUTION OF THE UNITED STATES OF AMERICA...The Constitution of the United States is the written bulwark of our free way of life and representative government. It is our guarantee of liberty, freedom, justice and democracy. Members of The American Legion bore arms-went to wars-to defend and uphold this document of freedom.

TO MAINTAIN LAW AND ORDER...Without law and order, liberty would become license. Law and order protect our pursuit of happiness, one of our God-given rights. Members of The American Legion served in wars to uphold law and order among nations. It is just as important to maintain the due processes of law in our domestic affairs. It binds Legionnaires to obey the laws of the land and to support the constituted authorities in enforcing those laws. It means the citizen must never take the law into his own hands!

TO FOSTER AND PERPETUATE A 100 PERCENT AMERICANISM...Americanism is the gist of the American ideals of freedom, justice, individual rights and unfenced-in opportunities. It embraces all the freedoms we cherish and all the rights that are guaranteed to us. It is the very opposite of hatred, bigotry and intolerance. Americanism is the creed that has blazed the world-wide trail for justice, fair play, decency, belief in God, private enterprise, universal education, and progress in all human endeavors. It puts a premium on the virtues of loyalty, patriotism, hard work and thrift.

TO PRESERVE THE MEMORIES AND INCIDENTS OF OUR ASSOCIATIONS IN THE GREAT WARS...Service in defense of America is the greatest experience in the lifetimes of all veterans. Recalling the highlights of that service means more than flashbacks to tense moments of excitement and danger in battle, the grime of muddy trenches, the perils of sub-infested oceans, the combats in the wild blue yonder. It means also the un-erasable recollection of the comradeship, the bravery of pals, the teamwork, the sacrifices, the miseries and hardships of military campaigns shared in common. It means the bond that binds all ex-servicemen and women together in mutual affection, respect and gratitude. It also means keeping green forever the memories of the supreme sacrifices of gallant American patriots, sacrifices necessary to the winnings of wars. It means faithful annual observance of Memorial Day and Veterans Day.

TO INCULCATE A SENSE OF INDIVIDUAL OBLIGATION TO THE COMMUNITY, STATE AND NATION...Always interested in building a better nation, the founders of The American Legion believed that such building must start first with the individual in his own community. So they made it one of the cardinal principles of The American legion to inculcate that sense of personal obligation to the community, state and nation into the individual citizen. That means educating the citizen-young, old and future-in his and her responsibility to be active in making the hometown a better place in which to live, in discharging the duty of voting in elections, in paying taxes promptly, in contributing to community chest funds and to blood banks. The word "inculcate" means "to impress by frequent admonitions" and "to enforce by frequent repetitions."

Like the duties themselves, the reminders that they remain to be carried forward, are never finished.

TO COMBAT THE AUTOCRACY OF CLASSES AND MASSES...This clause places the Legionnaire on the side of right in opposing autocracy by either class or mass when this threatens. In a democracy such as ours, composed as it is of all nationalities, races, creeds and economic groups, there are bound to both classes and masses. Indeed, the masses are composed of classes-but all groups within the mass must feel assured that in this nation, reason and fairness will prevail in all human activities and relations. There must be no hyphenated Americans-just Americans all.

TO MAKE RIGHT THE MASTER OF MIGHT...All wars from the veterans of which The American Legion draws its membership were started by dictators who wanted their might to be the right. If human freedom is not to perish from the earth, right must always be master of might. The rights of small nations must be protected against the tyranny that powerful neighbors may seek to impose on them-just as the rights of minorities in our society must be protected and respected. Our belief in enthroning right over might is the main essence of our ideological conflict with Communism today. Legionnaires are pledged by this clause always to stand with the right, protect the weak and preserve the liberties of the individual. This concept is the basis of The American Legion's continued advocacy of a strong national preparedness so as to achieve the ideal situation that right will be backed by adequate might.

TO PROMOTE PEACE AND GOOD WILL ON EARTH...Until all the world becomes a good neighborhood, Legionnaires must continue the effort to promote peace and good will on earth. It is in pursuance of this founding ideal that The American Legion has supported from the beginning and seek to strengthen the United Nations organization. Obliquely, The American Legion also contributes to this ideal by firmly supporting a strong national defense to discourage breaking of the peace by aggressor.

TO SAFEGUARD AND TRANSMIT TO POSTERITY THE PRINCIPLES OF JUSTICE, FREEDOM AND DEMOCRACY...On this ideal of safeguarding and transmitting to posterity the principles of justice, freedom and democracy, all of the youth-training programs of The American Legion are built. All Americans can be proud that in our international relations we have tried to live by the golden rule, the mark of justice. We have granted to others, as we prize it ourselves, the great boon of freedom. Through the Monroe Doctrine, we call a halt to foreign imperialism in the Western Hemisphere. We gave freedom to the Philippines. These principles are part of the American heritage. Legionnaires are pledged to protect and preserve that heritage.

TO CONSECRATE AND SANCTIFY OUR COMRADESHIP BY OUR DEVOTION TO MUTUAL HELPFULNESS...The last or 10th clause of our Preamble is the most important ideal expressed in our Preamble.

It marked a new concept in America—a concept that made The American Legion the greatest force for social betterment in all the history of the United States. Let us be factual and examine this.

At the close of World War I, America was just emerging from its lusty era of rugged individualism. It was an era when the individual hammered out his own destiny and progress with little or no help from the government. An honest facing of the facts brings out that American society was then a cold society insofar as any organized public hands of helpfulness were concerned. The individual who fell upon evil times was left to private charity which meant mostly the churches and the Salvation Army. There were no public resources or services to help the unfortunates.

When the veterans of World War I came marching home, they found the nation utterly unprepared to care for the combat casualties of the war. The wounded, the shell-shocked and the sick were lodged in poor houses, jails, asylums or what-have-you.

Veterans of World War I were much more closely knit than those of World War II. They trained in the same camps, fought on the one great front. Those who came home unscarred were appalled by the plight of their less fortunate comrades. They felt a concern for them and their dependents which was a new and dramatic action aspect to what the country had known as friendship. This concern formed the bond among the charter members of The American Legion and gave them a great and noble cause to fight for—the adequate care and protection of their disabled comrades and dependents, the war widows and orphans.

They faced a monumental task. Laws had to be drafted and enacted by the Congress to provide compensation for the war-handicapped, to build hospitals and to get protection for the widows and orphans upon whom the war had laid its heaviest and cruelest hand.

The American Legion wrote such laws, had them introduced in the Congress, went out over the land to arouse the conscience of the people of America and mobilize support for its legislative aims. It did both with a sacrificial fervor that overcame all obstacles.

The Congress enacted the laws, it provided the administrative machinery, it appropriated the funds, it built hospitals. Then to bring about a single responsibility for the carrying out of all veteran laws and to achieve a unification of these government services, The American Legion put through Congress the legislation to create the Veterans Bureau which has become the Veterans Administration of today. Over the years, a great network of government hospitals was built and a great structure of veteran legislation enacted which made the American veterans the best cared for on earth. The rehabilitation program of The American Legion for the World War I veteran brought about in its successful development a great awakening of social responsibility in America.

When the New Deal Program was being developed, the government planners took a look at what The American Legion, through its vast rehabilitation program, had done for the veteran of World War I and they decided to do the same thing for all American people.

So out of the rehabilitation brain child of The American Legion, there came the Social Security System with its retirement benefits and old age assistance programs for all the people. The planners took a look at The American Legion program of temporary emergency aid to needy children of veterans and there was born—with the support of Legionnaires—the state and federal program of aid to dependent children—all children.

This is how we can hail The American Legion today as an unparalleled force in these United States for social betterment. American Legion concepts and its ideal of devotion to mutual helpfulness warmed up the whole social climate of America. Today, America is extending its helpful hands all over the world through our assistance programs of foreign aid.

It all came about because the veterans of World War I came home enriched with wonderful ties of friendship and gave those ties a meaning by consecrating them to the ideal of mutual helpfulness.

The American Legion Preamble has been the beacon light of The American Legion for more than 90 years. It has been amended only once in all that time. That amendment consisted of adding the letter "S" to the word "war." It makes the Preamble read today "Great Wars," so as to embrace all wars.

14th Annual Native Symposium Nov 5, 2019

Keynote Speaker: **PETER MACDONALD, SR.**

Navajo Code Talker and Former Leader of the Navajo Nation

At the age of 15, Peter MacDonald, Navajo from Teecnospos, AZ, enlisted in the U.S. Marine Corps. He went through boot camp at U.S. Marine Corps Recruit Depot (MCRD), San Diego, CA. Following regular combat and communication training at USMCB in Camp Pendleton, CA, MacDonald, along with other Navajo Marines, was secluded from other Marines for top-secret Navajo Code School. During the final phase of World War II (1944-46) MacDonald served in South Pacific as Navajo Code Talker and North China with the Sixth Marine Division.

He was honorably discharged with a rank of Corporal. He went back to his home community of Teecnospos, AZ After graduation from High School and Junior College in Muskogee, Oklahoma, MacDonald went on to University of Oklahoma and graduated with an Electrical Engineering degree (BSEE). He pursued graduate studies at UCLA while working as a Project Engineer on the Polaris Missile project for (Howard) Hughes Aircraft Company. MacDonald served as Project Manager for the manufacture of the Polaris Missile Guidance System and was a member of the elite Hughes Technical Staff (MTS).

Held at Weber State University

Native Symposium Mixer

5-5:45 p.m. @ SU Fireplace Lounge

Native Symposium Keynote and Q&A

6-7:15 p.m. @ SU Wildcat Theater

Book Signing

7:30 p.m. @ SU Fireplace Lounge

Rocky Vista University

Military Appreciation Ceremony

We would like to cordially invite you to attend our 3rd Annual Military Appreciation Ceremony on Friday, **November 8th, 5:30 pm – 7:00 pm**, at the Southern Utah Veterans Home in Ivins, Utah. We are excited that Lieutenant General Douglas J. Robb, director of the Defense Health Agency, will be our keynote speaker. The purpose of the ceremony is to honor our local military and veterans and thank them for their service. If you know of any others who may be interested in attending, please forward this message to them. We are asking that attendees RSVP so that we can get an accurate count for the reception which will follow. Please [RSVP by following this link](#) to our online form. We are also looking for local Military Veterans to honor specifically at this event --- If you know of anyone who has served their country in a combat zone and received honors for an exemplary act of service, please respond with that information.

Thank you and I hope to see you there!